

# Blair Ibarra, LCSW, PMH-C

LCSW #66857, PMH-C #PSI9128

Los Angeles, CA  
(619) 398-6778  
blair.lorine.ibarra@gmail.com  
www.blairibarralcsw.com

## EXPERIENCE

### Octave, Los Angeles, CA — *Clinical Consult Manager*

OCTOBER 2022 - PRESENT

- Provide clinical consultation to licensed providers to ensure high-quality client care.
- Develop and implement projects to maintain high clinical standards.
- Manage a team that provides administrative and logistical support throughout the provider life cycle.
- Collect and analyze provider feedback, reporting to leadership and cross-functional teams for strategic implementation.

### AbleTo, Los Angeles, CA — *Program Advisor*

NOVEMBER 2019 - OCTOBER 2022

- Managed virtual behavioral health services for therapists and coaches nationwide.
- Implemented quality improvement strategies to enhance service delivery.
- Handled crisis management situations effectively to ensure client safety.

### Exodus Recovery, Inc, Los Angeles, CA — *Clinical Supervisor*

JUNE 2020 - JULY 2024

- Provided individual and group supervision to therapy students and associate-level clinicians to develop clinical, documentation, leadership, and communication skills.
- Completed all necessary training, paperwork, and record upkeep to support supervision efforts.

### Exodus Recovery, Inc, San Diego, CA — *Program Director*

FEBRUARY 2015 - JUNE 2020

- Supervised, evaluated, and directed clinical aspects of a 24-hour crisis house in Los Angeles, California.
- Developed and implemented clinical programs, handled client and community complaints, and served as a liaison with regulatory agencies.
- Oversaw administrative operations, ensuring compliance and quality care delivery.

## SKILLS

Consulting  
Teaching/Training  
Supervision  
Project Management  
Individual Therapy  
Program Management

## PRIMARY THERAPY MODALITIES

Cognitive Behavioral Therapy  
Dialectical Behavior Therapy  
Motivational Interviewing  
Acceptance and Commitment Therapy

## EDUCATION

University of Southern California — *Master of Social Work*

University of California, Los Angeles — *Bachelor of Arts*